

Tailored First Aid Training Sessions

As announced at the 2014 Menz Shed NZ Conference, a special first aid course tailored for Mens Sheds across the country has been developed in partnership with the national training organisation St John. Based on the likely situations that could confront those in a Mens Shed, also those who are responsible for, and care for the health and wellbeing of their members.

The content as listed below will be delivered in your own Shed providing the atmosphere and in the surroundings the participants are comfortable and familiar with. Delivered to groups (10 ~ 20 people) at Member Menz Sheds throughout NZ upon request. Based on the participation of the full 20 people on each course, this equates to \$57 per head, far less than what is usually offered at other First Aid training centres.

It is likely that your Shed will find support from grants organisations, or your local medical service providers to fund your sheds participation in this training, providing people with skills to help one another, and that can save a life in the Shed, or anywhere in the community.

For session bookings or any inquiries please contact;

Barbara Eadie - National Training Administrator
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Timing Guide (minutes)	Topics/Comment
10	Introduction
30	Scene Assessment
30	Immediate Actions and Follow up actions – (DRSABC)
80	CPR /Choking (Adult & Child)
15	Break
30	Bleeding and Shock
30	Chest pain/Stroke (Heart attack)
15	Seizures (Diabetic/Epileptic)
15	Fractures/dislocations
15	Respiratory distress (Dust/Fumes)
Total time = 4.5 hours	

Price per session = \$1140 incl GST, and includes a complimentary No1 Workplace first aid kit valued at approx \$100, for members sheds only.

(No NZQA unit standard credits will be gained by participants on this course.)