



NEW ZEALAND Newsletter – Jan 2018

Welcome to the latest round up of Shed related items from the Executive, and around the country.

National

By the time the next newsletter comes out we will all be packing our bags ready to head for Auckland to the National Conference and AGM.

Make sure your shed is receiving regular email updates to keep abreast of what is included on the programme.



"Conference 18"

"Sheds and Sheddies Making a Difference"

The theme of Conference 18 is the difference Sheds and Sheddies make to both their own, and the wider, community.

When and Where?

Midday Friday 27th April to Midday Sunday 29 April 2018.

Bruce House, St Kentigern College, Pakuranga, Auckland.

[Map here](#)

The Programme

The Hon Tracey Martin the new Minister for Seniors has indicated that, subject to finalising her Parliamentary Diary, she will open the Conference.

We are working with our proposed Keynote speaker for the delivery of an Engaging and Informative address on the Health and Wellbeing of retired senior men.

The subjects of the [Interactive Sessions for Sheddies](#) have been finalised. The MENZSHED NZ Regional Reps have been approached to chair the Sessions and the recruitment of "Informative and Entertaining" Speakers, is progressing.

What do YOU need to do?

REGISTER on the *MENZSHED NZ website* or by clicking *this link NOW!*

Did You Know?

Air NZ currently has flights from both Wellington & Christchurch to Auckland from \$69

Be There!

***"Sheds and Sheddies Making a Difference".....
..... 27 to 29 April 2018***

"Conference 18"



Inquiries: Paul Cressey conference@menzshed.nz Tel 021 533 425

Shed News Region 1

Send us some news for the next edition

Shed News Region 2

Regional rep Keith Dickson reports that he is working with local community leaders to hold an open meeting in February with a view to establish a Mens Shed in Thames.

Shed News Region 3



We were asked to refurbish two Tonka toy bulldozers which were about 30 years old and had at one stage been buried. They were completely rusty and the bezels were ruined. Two of our members took them apart. Two days soaking the steel parts in vinegar loosened the rust and what was left of the paint. Everything was hand-sanded and a local panel beater very kindly remanufactured one piece that was beyond repair, he then filled and gave the parts several coats of matching Tonka paint. The bezels are unavailable for these models and one of our members designed them and we had them printed on adhesive vinyl. The finished toys were returned to the original family for two very happy grandsons.



One of the Bulldozers as received.



After refurbishment.

Some of the trestles we made for a new Otaki dog exercise park. One of the six science experiment cubes we made for Otaki College.



We make planter boxes as a revenue earner, rectangular and square are the most popular but we can make them to order.



Otaki MenzShed meets every Tuesday and Thursday at 186 Mill Road Otaki after 10am.

For more information see our Facebook page <https://www.facebook.com/otakimenzshed/>

Shed News Region 4



Ashburton Menzshed originally commenced operation April 2014 in a former garden nursery 350 square metre packing shed located in a rural site on 182 Methven Highway, however rent for this site was becoming a burden and the club was struggling to keep up with it. The committee were on the constant look out for a premises that would be suitable and affordable to enable the club to keep in operation.

It was by chance that a club member was talking to a contractor that was in the process of preparing to clear a site to make way for a new medical centre, on this site was a 400 square metre shed that was originally used for a trucking firm base and latterly a medical equipment fabrication factory.

The demolition contractor made the offer that he would gift the shed to Ashburton Menzshed providing we could have it removed from the site within 2 weeks, this is when building of the new medical centre was to begin construction.

Club members swung into action arranging transporter and temporary site to relocate the shed to, as well, the shed had to part demolished and the height reduced to enable the shed to be transported through the streets of Ashburton. This all took place in February of 2016

Storage of the shed was arranged in a contractors shingle yard and the shed was duly transported and parked on this site.

Then commenced the process of negotiating with the Ashburton District Council for a suitable site and applying to the various funding organisations for grants to enable the shed to be set up and be suitable for Menzshed operation.

This was all achieved by September of 2016 and foundations for the new shed was commenced on 9th January 2017, the shed was relocated to the new site in 30th January 2017, however building consent issues held up progress by 3 months, this was due to increased structural requirements bought on by the recent earthquakes in the region.

All this was overcome and members toiled feverishly undertaking 90% of the work to complete the shed and ultimately the official opening was held 12 October 2017 with over 80 guests and officials enjoying a very pleasant opening function.

The new Shed is going to be an asset to the Community and men to come together in one community space to share their skills have a laugh and work on practical tasks for the Shed and the Community for years to come.



Stewart Dunlop Chairman Ashburton Menzshed



Photos taken on Opening Day October 12, 2017.

Shed News Region 5

Send us some news for the next edition

Shed News Region 6

Send us some news for the next edition

News from the National Secretary



If your shed is registered with Charities Services and disposing of surplus gear using TradeMe auctions, you may qualify for a 50% fee rebate. Please [click here](#) for more information.

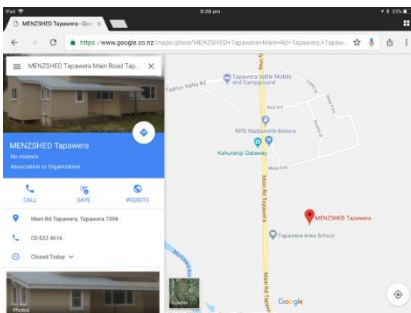
The **MENZSHED NZ website** receives over 100 hits per month and each visitor looks at 2-3 pages of content. The information about your shed relies on sheds to advise us of content and contact details of officers. Now is a good time to review your hosted page and advise if any material needs a freshen-up. Please contact these people to update content:

North Island sheds: Roger Bowman secretary@menzshed.nz

South Island sheds: Ray Hall chairman@menzshed.nz

Google My Business

If you're a fan of Google services, you might be interested in showing your shed on Google Earth and Google Maps. Like these examples ...



The free service is available from Google My Business – get started [here](#).



The MENZSHED NZ Shed Forum was established early December to facilitate communication between men's sheds in NZ. Membership of the group is open to representatives of sheds in NZ.

Presently we have over 40 members. To join the forum, sheddies will require a Facebook account. Get started [here](#).

The **MENZSHED AGM** will be held during the national conference (more information about that elsewhere in the newsletter) on Sunday 29th April at 10am. All documents regarding the AGM are available for download [here](#).

Important: Nominations for Regional Representatives and the other officers are open now. As there are specific nomination close dates of 28 February and 30 March respectively, please don't leave nominations until the meeting.

A proposed resolution to change the terms of the executive to two year terms was distributed to sheds on 10 November for consideration and feedback. Three sheds have responded - it would be great to have more.

Enquiries to Roger Bowman, 027 8822448, secretary@menzshed.nz

Special offer to member sheds

THIS DEVICE COULD SAVE YOUR LIFE

An Automated External Defibrillator (AED) is a safe and easy-to-use machine that is used to treat sudden cardiac arrest (SCA).

- **FACT 1:** SCA is the leading cause of death in adults, killing 1500 New Zealanders every year – 5x that of the annual national road toll.
- **FACT 2:** Your chance of surviving a cardiac arrest reduces by 10-15% every minute defibrillation is delayed.
- **FACT 3:** It takes emergency services about 7 minutes to respond to a call – can you wait?

The Heart Saver AED7000 (as seen on Seven Sharp):

Includes:

- Five-year warranty
- Adult pads
- 1 x battery (5-year standby life)
- Sturdy canvas carry bag



SPECIAL PRICE FOR MENZSHED MEMBERS

\$1695+GST. (Normally \$2425+GST)

Enter discount code MENZ18 online to purchase today (offer valid till 28/02/18)

ARE YOU WILLING TO TAKE THE RISK?

Are you doing everything you can to provide a safe environment for yourself, your family and your community?

What would you do if someone suffered a cardiac arrest?



“

The best chance of surviving a sudden cardiac arrest is the immediate availability of an AED. I implore you to consider very carefully getting one.

”

– Dr John Mayhew, ex-All Black doctor, current Warriors doctor and AED fan.

info@heartsaver.co.nz • 0800 233 342 • www.heartsaver.co.nz

HeartSaver
AED | FIRST AID | MEDIC | TRAINING

Did you know?

What your MENZSHED New Zealand annual national subscription buys for your shed?

Mens Sheds that become members of the national body (presently over 70% do) are entitled to the services provided by the national support organisation and include:

- Access to useful resources about common issues relating to “Starting a Mens Shed”, “Operating a Mens Shed”, including access to the wealth of member only resources created by the Australian Mens Shed Association.
- Access through the national executive portfolio holders to responses to member shed questions on any topic relating to the functioning and safety of your mens shed.
- Access to a regional representative/ mentor at the end of the phone and often available to attend and contribute to Shed meetings and regional gatherings of sheds.
- A hosted web page at menzshed.nz
- A listing in The Shed Magazine.
- Attendance at the Biennial national conference to share face to face with other sheds from around the country, tips, tricks and how to be inspired to provide the most bloke friendly space in town.
- Discounts on products and services on offer to member sheds, value will vary based on size of shed, level of purchasing and which options your shed takes up;
- **Rothbury Insurance** with options for buildings, contents, trustee and liability insurance through a brokered package saving on premiums - Likely saving **\$200~\$1000**.
- **Heart saver NZ** special pricing on AED units typically saving a shed **\$200~\$700**.
- **Resene Paints** with discounts for the Shed and its members. eg **\$16.00** off a 4L tin premium paint. How many tins do you use a year?
- **NZ Safety Blackwoods** average 20% discount off safety, engineering supplies, uniforms and packaging supplies for the Shed and its members, eg 3x200mm grinding wheels saving **\$24.00** (that’s just one purchase)
- Discounts can be available from **Fairdinkum Sheds** if you are building or extending your shed. Could be big savings here **\$\$\$\$\$\$\$**
- During your first year of membership your shed gets a free subscription to **The Shed Magazine** more savings **\$** and great reading.
- **Carbatec** like to help our Member sheds when it comes to making large purchases **\$**
- Member sheds currently receive up to 10L of **Cabots** product per year free of charge, you choose from their range of products saving **\$400~\$700**. (Subject to financial status at a set date)

And we are currently working to gain even more nation wide deals for member sheds.

As you can see your shed could be benefiting **\$800** or a whole lot more, even thousands \$.

So what value do you place on those services and current benefits? Member sheds will have the chance to share their views and decide on what is a fair investment by way of annual subscription for that return, when the next AGM is held on Sunday 29th April 2018.

In the meantime make sure your shed is gaining all the benefits you can from:

