



NEW ZEALAND Newsletter – April 2018

Welcome to the latest round up of Shed related items from the Executive, and around the country.

National

"Conference 18"

"Sheds and Sheddies Making a Difference"

The theme of Conference 18 is the difference Sheds and Sheddies make to both their own, and the wider, community.

When and Where?

Midday Friday 27th April to Midday Sunday 29 April 2018.
Bruce House, St Kentigern College, Pakuranga, Auckland.

Be There!

*"Sheds and Sheddies Making a Difference".....
..... 27 to 29 April 2018*

"Conference 18"



Inquiries: Paul Cressey conference@menzshed.nz Tel 021 533 425

Shed News Region 1

Orakei Local Board has approved the use of the Waatarua reserve building by **Mens Shed Auckland East**.

All the hard work by our board members and with the full support of the Orakei local board members we have managed to secure the Waatarua building as our new home.

Our next step is to finalise and sign off on the lease details. Then we start on the first stage of refurbishing and set up for our use.

The concept is there will be a Stage 1 (soft) opening with minimal fit out and equipment followed later in the year by Stage 2 with a full fit out and equipment inventory.

We have the benefit of good benchmarking especially from Mens Shed North Shore which, although purpose-built, is of similar size to ours. Ideas from MSNS on layout, equipment and operational rules are being adapted to our situation.

The costs for the work will be determined after a full building inspection has been done and the layout and equipment have been finalized. We have sufficient funds for the Stage 1 opening and will be seeking grants for the balance of the work.



Shed News Region 2

The first export order completed by 'sheddiess' Ross Welch and Owen Rogers. Pauanui Menz Shed made these paperweight (and pen holder) onions from recycled Rimu, and are to be distributed amongst a Japanese delegation of importers who recently visited a Pukekohe market gardener.



Shed News Region 3



Our Menz Shed was formed in July 2014 with a membership of 20 eager men and we were fortunate in obtaining a “shed” within the Basketball Hawkes bay complex. We have had a very good relationship with them and we became their maintenance crew. We completely redecorated the area we turned into our workshop and rooms and also repainted and maintained their extensive hall and rooms. Basketball H.B. complex was previously a bowling club which they purchased and it comprised 2 greens, a large hall, kitchen, offices, toilet blocks and changing rooms.

We were able to have a very good start to life as a “shed’ with small outgoings but the downside was a lack of space for a growing membership so it was decided to look for a new home.

We were told that the Napier Brass Band premises were for sale and could only be sold to a charity based organisation or a sporting body as it was on City Council reserve land. After discussions we made an offer which was accepted so then had to do some serious fund raising and in December 2015 we were the proud owners of our own building. It was built in 1967 and was generally in reasonably good condition although needing some TLC. There was plenty of jobs for the men to do and it soon looked as if it was lived in.

The main hall was 81 sq/m with a good kitchen, storeroom office and two toilet blocks at a lower roof level on the outside. This was too small for our needs so we have added another 112sq/m of Fair Dinkum Sheds attached to the hall. We now have a total area of 230 sq/m and our membership stands at 67 and growing fast. We have just added another opening day and are now open Tue/Wed/Thurs 9am to 1pm. After it was handed over we completely insulated both walls and ceiling, ran all the wiring for lighting and power ,lined the area with 19mm ply wood and painted both walls and floors and built a small engineering workshop for welding etc.

What we have been up to; Our first project when we formed, to get all involved, was to build a by-plane which was a great way to get every one occupied and there was plenty of ingenuity that went into it’s construction. This went into the Xmas parades and as a fund raiser at the Napier Airport on for the Art Deco Festival. Since then we have made cat traps for DOC and 350 bee hives plus many other community based tasks.



There was a skate park on Napier’s Marine Parade which, due to a council redevelopment,was closed down and dozens of scooters were offered to us, and over a few weeks 40 of them were reconditioned,painted and when completed they were give to six schools in underprivlgeded areas. Photo shows the line up prior to gifting.

Another ongoing project (which never seems to decrease) are bikes, colleccted by the Police which we recondition and are given to needy children and families. This is an ongoing project and some bikes seem to do a circuit.

Like all Menz Sheds we are actively doing work for Playcentres, Kindergartens and many other organisations who are looking for help that we can provide.

The photo of our newly completed complex shows the original Brass Band rooms on the front of the building and the new Fair Dinkum Sheds addition is on the back (where the double roller doors are) giving us 112 s/qm of workshop space. The original band room hall we use for project and assembly type work. Seems to work well but is evolving.

If you are passing through Napier we welcome you to join us at 125 Latham Street, Marawa Napier.

Opening hours; Tuesday/Wednesday/Thursday 9am to 1pm



Shed News Region 4

Send us some material for the next edition



Shed News Region 5

At the doorway Peter Bailey, Operations Manager, Mayor Tim Shadbolt, Graham Sycamore, Chairman.

On the 24th March, Neil McArthur, RR5, and Ian Miller had the pleasure to attend the official opening of the Invercargill Menzshed. Arriving early to meet most of the members while looking around their building.

The building is an older brick building with a number of rooms, this has its advantages, also rooms that will be dust free and quieter to work in, also kitchen and meeting room.

The shed management is in very good hands under the guidance of President, Graham Sycamore, and Operations Manager, Peter Bailey.

Membership is round 15 with room to grow, they have projects coming in all the time.

A forward thinking group with a diverse range of skills which will develop further, its their hope to develop and foster wellbeing, and members health as they grow.

Something different, at 12.00 Mayor Tim Shadbolt who we all have heard of! opened the shed by cutting through a special stained board with the Menzshed Invercargill engraved on it, also space for all who attended to sign.

This will be a great record in the future hanging on their wall.

Thinking outside the square.

This shed was first mooted and encouraged by the Invercargill Rotary club.

Following the opening, members put on a barbeque, with venison steaks, sausages and the usual hot drinks. This was enjoyed by all. 30 people were present at the opening.

The two central Nelson Sheds - Nelson and Whakatū have amalgamated, recognising that our mutual interests and goals would be realised much sooner if we merged. The amalgamation to a single entity was encouraged by the Nelson City Council as a way of supporting access to a suitable site. The **Menzshed - Nelson/Whakatū** rebrand occurred in February and prompted a favourable response from NCC who provided us with new workshop premises (Part of the old Reliance Engineering premises on Haven Road, Port Nelson) together with a sizeable setting up grant.



The combined membership is now about 45 members and we have just moved in and set up a very substantial office and recreational space which includes a lounge, seminar room, smoko room, design room, locker bay, and foyer reception.

The workshop area is a little tight already with substantial donations of workshop machinery being received. We hope to get this gear installed and operational in the next month or so, and make a case for a further section of our present existing building for project and assembly work.

An innovative approach to facilitating community oriented projects is the development of a concept called Workbox - a purpose built portable workshop. This 20' container workshop is designed to supply all tools and associated equipment to the worksite where the "working bee" is based. It will be delivered by hi-ab truck and when not in use in the community will be based at the shed as a secondary workshop - primarily providing access to a range of portable power tools. Workbox has come about through a 3 way partnership between Menzshed Nelson/Whakatū, the Rata Foundation for funding, Boxman (provided the modified container) and Mitre 10 Mega (providing discounts on tools and helping with outfitting/lining the container.) A key goal of the project was to revitalise the concept of the traditional "Working Bee" with a modern twist whereby the tools for the job arrive in the container to support the team of volunteers for any particular job.



Health matters

From 1 April, immunisation against shingles will be free for people turning 65 as part of changes to the National Immunisation Schedule.

Free shingle immunisation will then continue for the next two years, for anyone aged 66 to 80. It's particularly important because shingles most commonly affects older people or people with a weakened immune system.

As you get older, the protection from earlier immunisations can begin to wear off so it's important to keep up to date with all your immunisations.

Make sure you're also protected against influenza, tetanus and diphtheria. All three vaccines can be given on the one day. Anyone 65 years and over can get the free annual influenza or flu shot. It's best to get your flu shot in April or May, so you're protected before winter and the main flu season hits. Contact your general practitioner to receive your free booster immunisations and flu shot. For more information, go to www.health.govt.nz



National



Membership of the MENZSHED NZ shed forum has grown to over 50 members. To join the forum, sheddies will require a Facebook account. Get started [here](#).

Website, Email, Documents & Facebook access. Shed executive members are encouraged to carefully consider who has access to the documents, technology and websites that your organisation maintains. This is not about how secure that access might be, it is to do with how you recover access when someone either dies, won't release password, or simply loses access through memory lapse or theft of a computer.

Examples:

- Facebook page that cannot be updated because the creator has lost access to the recovery email account. Facebook HQ will not help you to recover an account.
- Shed websites domain ownership - is it privately held or added to another organisation's site. How will a site migration happen if hosting arrangements change.
- Historic meeting minutes and other documents lost through a computer crash, no backups.

A suggestion is to ensure that a minimum of two people have access to documents, email and site logins. Facebook pages need two members (or trusted others) to be set as administrators, read more [here](#).

The **MENZSHED AGM** will be held during the national conference (more information about that elsewhere in the newsletter) on Sunday 27 April at 9:30am. All documents regarding the AGM are available for download [here](#).

Regional Representatives:

Nominations were received for four of the six regions. Elections were not necessary.

- Region 2 (Waikato, Bay of Plenty, Gisborne, Hawkes Bay) - Keith Dickson, Mt Maunganui
- Region 3 (Taranaki, Wanganui, Manawatu, Wellington) - David Chapple, Manawatu
- Region 4 (Canterbury, Westland) - Trevor Scott, Oxford
- Region 5 (Otago, Southland) - Ian Miller, Taieri.

Regions 1 (Northland, Auckland) and 6 (Nelson, Tasman, Marlborough) – as no nominations were received by close date, MENZSHED NZ Rule 8.2.2.d requires us to work with member sheds to secure a candidate. The usual process when interest has been shown is to get the candidate nominated by two sheds, and then give sheds in the region a week's notice of intention to appoint.

Chairman, Treasurer, Support Services and Secretary

Nominations closed 30 March. Nominations for Support Services (John Bush) and Secretary (Roger Bowman) have been received and will be moved for acceptance at the AGM.

For the roles of Chairman and Treasurer, Rule 8.2.3.d now applies - Where there are insufficient nominations to fill vacancies, nominations may be accepted at the AGM for a particular vacancy.

Nomination forms have been sent to member sheds.

Remits:

- Remit from Tapawera and Kapiti sheds deals with a change to two years terms for the executive and other minor changes - updating a publication regarding the conduct of meetings and flexibility to use electronic transmission of forms. These changes were advised to sheds 10 November for consultation.
- Remit from Henley and Eketahuna sheds proposes that applications by sheds to join MENZSHED NZ are endorsed by a meeting of the executive committee.

Proxy Votes:

Member sheds that do not have a representative at the AGM may appoint a proxy to vote on items of business (Nominations for Chairman, Treasurer, Support Services and Secretary and the two Remits). The form was distributed to the primary contact of each shed on 3 April and must be returned to the Secretary by 13 April (post or email).

Enquiries: to Roger Bowman, 027 8822448, secretary@menzshed.nz

Did you know?



**Big Brothers Big Sisters
of New Zealand**

Tuakana Teina

This is a plug for an organisation that is keen to hear from guys who may be interested in mentoring boys. It is not promoted as a shed activity, rather an opportunity for sheddies to pursue if they are interested.

BBBS say "These boys are just waiting to spend time with a 'Big Brother'. You don't need to have super-powers. If you like having fun, then you would make a great mentor. ONE HOUR, ONCE A WEEK is all it takes to make a BIG difference in the life of a young person. There are options for school-based, community-based or couple-based mentoring. It's so rewarding! If it's something you'd like to consider visit the website to learn more and make contact with a branch near you."

<http://bigbrothersbigsisters.org.nz/become-a-mentor.html>