



MENZSHED Conference

4th , 5th , 6th April 2025

Programme

Thanks to our conference sponsors.



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For Our Community



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Insurance Brokers

Friday afternoon at the MENZSHED, 55 Liddel Street, Invercargill.

1pm to 5pm - Registrations.

- Check out our Shed and displays by Carbatec.
- Nibbles and refreshments.
- Walk to CBD via new Shopping Mall to Kelvin Hotel.

3pm - Early birds visit to Niagara Timber finger joint processing plant.

Bus from MENZSHED returns to Kelvin Hotel.

(some walking required on site).

Friday evening, Conference Centre, 6th floor, Kelvin Hotel,

20 Kelvin Street, Invercargill.

5pm to 6.30pm - Registrations continued, and social hour.

7pm - Welcome by **David Broadhead, Chairman of MENZSHED NZ.**

- Meet and greet.
- Buffet dinner.
- Guest speakers:
 - **David Helmers**, CEO of the Australian Men's Shed Association.

Saturday morning 8:30 am: Buses depart for visits to:

Niagara Timber finger joint processing plant (some walking required).

E HAYES for a viewing of the iconic hardware store and the home of "The World's Fastest Indian".

Fi Innovations, a 3D printing company that is the largest in New Zealand.

Partners Program:

10:00am Partners will be driven by coach to The Seriously Good Chocolate Company for a tour of the facility and the opportunity to purchase goods, and a takeaway lunch (or supply your own lunch). Then travel to Folster Gardens to view this wonderful facility and to enjoy your lunch, plus entertainment afterwards.

Saturday Afternoon: 6th floor, Kelvin Hotel.

12.00 noon: Mini Health Expo. Representatives from Prostate Cancer Foundation, Hearing Southland, Heart Foundation, Alzheimers Society, and Diabetes NZ, will be available to discuss their specialised services with you.

12.30pm Lunch for Delegates.

1.30pm Speakers' presentations:

- **Zac Kim**, from local PHO Wellsouth, on mental health.
- **Dr Murray Pfeifer**, on men's health.

Afternoon Tea Break.

- **Helen Robinson** from Hawthorndale Care Village.
- **Shed member Mark Dunick**, about his experience with kidney cancer, and being a MENZSHED Member.
- **Alistair Stuart** from Work and Income on assistance for seniors.

Saturday evening: 6th floor, Conference Centre, Kelvin Hotel.

7:00pm Buffet dinner, entertainment and guest speaker.

Sunday morning: 6th floor, Conference Centre, Kelvin Hotel.

9:00 am Breakfast.

10:00am MENZSHED National AGM.

11:00 am Closing remarks from the Chairman, and farewell.

Partners Program:

10:00am From the Kelvin Hotel, walk along to the next block to visit Amelia May Italian, a shop that imports Italian linen clothing.

Thanks to our conference sponsors:

E Hayes - <https://www.ehayes.co.nz>

Carbatec - <https://www.carbatec.co.nz>

Carters - <https://www.carters.co.nz>

Invercargill Licensing Trust - <https://ilt.co.nz>

Go Bus - <https://gobus.co.nz>

Rothbury Insurance Brokers - <https://www.rothbury.co.nz>

Thanks to the businesses for allowing us to visit them:

E Hayes - <https://www.ehayes.co.nz>

Niagara Timber - <https://www.niagara.nz>

Fi Innovations - <https://f-i.co.nz>

The Seriously Good Chocolate Company - <https://seriouslygoodchocolate.com>

Folster Gardens - www.folstergardens.co.nz

Amelia May Italian- <https://ameliamay.co.nz>

Saturday Evening:

Guest Speaker **Keith Neylon MNZM**- Southland bloke and Entrepreneur - An interesting speaker with experience as both a Top Dressing and helicopter Pilot, also an author "Touch of Madness". Involvement with the mussel industry, Breeder and Owner in the racing fraternity and speaks in million dollar sums where we may talk in thousands. Rest assured you will be entertained.

REGISTRATION FORM LINK: <https://tinyurl.com/yc8m92f6>

Sponsors & Supporters of Men's Sheds

Visit our web site to find out more about each company and the benefits they provide to member sheds.

www.menzshed.org.nz/membership/benefits/



Extra Activities for before and after the Conference

Visit Queens Park to see the Tuatara, bird aviary, glass house and the gardens. Attend the George Begg festival 10 to 13 April 2025, one of our favorite inventors and a pioneer of motor racing in the south. Visit Transport World, Motorcycle Mecca (order tickets online to get a discount and allow plenty of time at both!) Stewart Island Experience, a must do, for time on the island stay at the South Seas Hotel and take in the quiz night, enjoy blue cod fresh from the ocean, or better still take a charter and catch your own for dinner. Flights from Invercargill to the island are also available.

Or you can take in the sights of the Catlins. This is a terrific place for you to see. Go to Bluff, Riverton (Riviera of the South), Gore (The Brown Trout Fishing Capital of the World) and Northern Southland. Travel to TeAnau and on to Milford Sound. If that's not your thing then go to Manapouri and over to West Arm power station. Travel over the Wilmot pass into Doubtful Sound, take an overnight trip out on the MV "Navigator" for a trip of your lifetime, or a shorter 3 hour trip on MV Patea. (Includes launch travel over Lake Manapouri, bus over Wilmot Pass, and 3 hour trip down Doubtful Sound, often out to the Tasman Sea, with the possibility of seeing Dolphins, Blue Penguins and Seals, and return travel back to Manapouri.)

If you're into the adventure experience, then Queenstown is the place to go. Take a 4-wheel drive into Macetown, an historic gold mining town. Go into the Skippers Canyon. Travel over to Wanaka and on to the West Coast, this is an amazing part of the country.

Visit these websites for more information:

Great South - <https://greatsouth.nz>

Transport World - <https://www.transportworld.co.nz>

Motorcycle Mecca - <https://www.motorcyclemecca.nz>

Dig This - <https://www.digthisinvercargill.nz> ??

RealNZ - <https://www.realnz.com>

Invercargill City Council - <https://icc.govt.nz>

Accommodation Deep Cove, Doubtful Sound. [Deep Cove Hostel](#)

Have you ticked off these adventures...

- Walk one of New Zealand's **Great Walks**
- Eat fresh **Bluff oysters**
- Visit **Stewart Island**
- See a **kiwi** in the wild
- Drive on a **beach**
- Bike a multi-day **cycle trail**
- See the **Aurora Australis** (Southern Lights)
- Visit the **Bluff signpost**
- Take a photo next to a **waterfall**
- Camp in the **wilderness**
- Catch a **trout**
- Experience **Milford Sound**